

**Emerson College
Dining Services**

I 8 8 0



Feeling Blue?



We Can Help!

When you're sick and don't feel like getting out of bed, we can Help!

Any friend, roommate or RA can take this signed form to the Little Building Dining Hall and a Dining Service Manager will assist in putting together the items you have requested.

**We hope
you will
feel better
soon!**

FEELING BLUE MEAL

-for residential meal plans only-

Name of Student: _____

ID Number: _____

Phone Number: _____

Method of Payment: ___Meal Swipe ___Board Bucks ___EC Cash

Meal: ___Breakfast ___All Day

Please specify if you have any food allergies

Breakfast

Instant Oatmeal, Toast & Juice

Toast

___White ___Wheat___Bagel
___Jelly ___Cream Cheese_____Other

Juice

___Apple ___Cranberry

Entrée

___Soft Boiled Egg ___Scrambled Egg Beaters

Lunch & Dinner

Soup

___Clear Broth Based ___Bouillon Packet-Chicken or Vegetable
___Saltines ___Oyster Crackers

Entrée

___Plain Pasta

Fresh Fruit

___Banana ___Apple Sauce

Beverage-1 Beverage

___Apple Juice ___Cranberry Juice ___Ginger Ale
___Water ___Sierra Mist

Tea

___Black ___Herbal

Dessert

___Jell-O ___Frozen Ice Pop